

MOUNTAIN



LINK

MOUNT OLYMPUS SEMINAR



- Day 01** We meet at the Hoh River Ranger Station/campground at 8 AM. We begin the seminar by hiking 9 miles to Olympus Guard station gaining approximately 422 vertical feet. After we set up camp, we practice knots and crevasse self-rescue. If there is time, we can relax by the river. (D only)
- Day 02** After breakfast we hike 8 miles to Glacier Meadows gaining 3,200 vertical feet. Once camp is set up, there is an opportunity to scramble up the moraine to get our first glimpse of Mount Olympus. (B & D)
- Day 03** Today, we move camp a short distance to the Blue Glacier. A basic climbing school proceeds going out on the glacier (walking, breathing, ice axe arrest, crampons, roped travel, anchors, crevasse rescue and ice climbing techniques.) (B & D)
- Day 04** We awake early to prepare for a summit bid. From the Blue Glacier we ascend the Snow Dome, go through Crystal Pass, and scramble up some easy rock to the summit. We descend back to the Blue Glacier camp. In the event of poor weather conditions days 4 and 5 may be switched. (B & D)
- Day 05** After training in the morning, we pack up and prepare for our hike out to the Olympus Guard station. We stay the night here. We enjoy the evening relaxing and telling stories around the campfire. (B & D)
- Day 06** Today we make our way back to the trailhead. After packing the cars we take a short drive to a local restaurant for a celebration meal. (B & D)

Our goal is to get you out in the mountains, to learn new skills and embark on new adventures! Please call us at (800) 408-8949 with any questions.

**Itinerary is subject to change. B: Breakfast; L: Lunch; D: Dinner: Initials indicate where meals are included. While on the mountain, lunches are the responsibility of the climber.*